



Living in the Spirit
◆ **13th Sunday Ordinary Time**
Rise Up From Your Sleep

Call to Prayer and Sharing

❖ *Invitation to Prayer - Leader*

Let us begin,
Now, here in this place
With a moment of silence, to reflect,
to focus, to be attentive to ourselves,
to one another, and to the presence of Christ.
May the Lord come and increase our faith. (*reflective pause*)

❖ *Opening Song - If time allows, sing a familiar hymn or song.*

❖ *Then: "In the name of the Father and of the Son . . ."*

The Word of God

❖ *Leader: Let us welcome God's Word into our hearts.*

- *Sing to the melody of "Praise God from Whom All Blessings Flow".*
Open our minds to, know you Lord;
Open our hearts to, hear your voice;
Open our hearts now, to your Word;
Come to us now, O Lord, our God.

From Mark 5:21 – 43 (The daughter of Jairus; the woman with a hemorrhage)

When Jesus had crossed again in the boat to the other side,
a large crowd gathered around him, and he stayed close to the sea.
One of the synagogue officials, named Jairus, came forward.
Seeing him he fell at his feet and pleaded earnestly with him, saying,
"My daughter is at the point of death. Please, come lay your hands on her
that she may get well and live." He went off with him,
and a large crowd followed him and pressed upon him.

There was a woman afflicted with hemorrhages for twelve years.
She had suffered greatly at the hands of many doctors
and had spent all that she had. Yet she was not helped but only grew worse.
She had heard about Jesus and came up behind him in the crowd and touched his cloak.
She said, "If I but touch his clothes, I shall be cured." Immediately her flow of blood dried up.
She felt in her body that she was healed of her affliction.
Jesus, aware at once that power had gone out from him,
turned around in the crowd and asked, "Who has touched my clothes?"
But his disciples said to Jesus, "You see how the crowd is pressing upon you,
and yet you ask, 'Who touched me?'" And he looked around to see who had done it.
The woman, realizing what had happened to her, approached in fear and trembling.
She fell down before Jesus and told him the whole truth. He said to her,
"Daughter, your faith has saved you. Go in peace and be cured of your affliction."

While he was still speaking, people from the synagogue official's house arrived and said,
"Your daughter has died; why trouble the teacher any longer?"
Disregarding the message that was reported, Jesus said to the synagogue official,
"Do not be afraid; just have faith." He did not allow anyone to accompany him inside
except Peter, James, and John, the brother of James.
When they arrived at the house of the synagogue official, he caught sight of a commotion,
people weeping and wailing loudly.
So he went in and said to them, "Why this commotion and weeping?
The child is not dead but asleep." And they ridiculed him. Then he put them all out.

He took along the child's father and mother and those who were with him and entered the room where the child was.

He took the child by the hand and said to her, "Talitha koum," which means, "Little girl, I say to you, arise!"

The girl, a child of twelve, arose immediately and walked around.

At that they were utterly astounded.

He gave strict orders that no one should know this and said that she should be given something to eat.

The Word of the Lord...

- ❖ *At the conclusion of the reading, briefly pause for quiet reflection.*

Faith Sharing/Question of the Week (consider sharing on either question)

- ❖ **Adult:** In faith do you ever expect miracles? Why or why not?
- ❖ **Mixed Ages:** Jesus performed many miracles. What does that tell you about him?

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow a few minutes for faith sharing. For larger groups, leader invites members to divide into groups of 3 or 4 for faith sharing.

- ❖ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*

Litany of Faith

Leader: Christ Jesus, at times we feel asleep in our apathy and cynicism.
Awaken us now.

All: Arise! Arise! Awake, rise up from your sleep!

Leader: Christ Jesus, at times we feel paralyzed by our powerlessness.
Awaken us now.

All: Arise! Arise! Awake, rise up from your sleep!

Leader: Christ Jesus, at times we feel unable to accomplish anything good.
Awaken us now.

All: Arise! Arise! Awake, rise up from your sleep!

The Lord's Prayer

Leader: Let us pray together:

All: Gracious God,
we know that you are with us here,
and we have taken your Word into our hearts.
You call us all to conversion,
we who are here in this place,
and we who are now ready to welcome you into our lives.
We are ready,
we are willing,
and we are yours.
So we surrender to you
our aches and longings into one as we pray:
Our Father...

Continue with the Meeting

Final Blessing

Leader: Now let us bless one another:

All: May God bless and keep us, may God smile upon us.
May God show us kindness, fill us with peace.
And may God bless us, Father, Son and Holy Spirit;
may we always love and serve,
filled with God's Peace. Amen.

Leader: *Conclude the meeting or sing a closing song.*