



Living in the Spirit

◆ 5th Sunday Ordinary Time – You Show us How

Call to Prayer and Sharing

❖ *Invitation to Prayer - Leader*

Let us begin,
Now, here in this place
With a moment of silence
to reflect,
to focus,
to be attentive to ourselves,
to one another,
and to the presence of Christ.

May the Lord come and increase our faith. (*reflective pause*)

❖ *Opening Song - If time allows, sing a familiar hymn or song.*

❖ *Then: "In the name of the Father and of the Son"*

The Word of God

❖ *Leader: Let us welcome God's Word into our hearts.*

○ *Sing to the melody of "Praise God from Whom All Blessings Flow".*

Open our minds to, know you Lord;
Open our hearts to, hear your voice;
Open our hearts now, to your Word;
Come to us now, O Lord, our God.

From Mark 1:29-39 (Healings)

On leaving the synagogue

Jesus entered the house of Simon and Andrew with James and John.

Simon's mother-in-law lay sick with a fever.

They immediately told him about her.

He approached, grasped her hand, and helped her up.

Then the fever left her and she waited on them.

When it was evening, after sunset,

they brought to him all who were ill or possessed by demons.

The whole town was gathered at the door.

He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.

Rising very early before dawn, he left and went off to a deserted place, where he prayed.

Simon and those who were with him pursued him

and on finding him said, "Everyone is looking for you."

He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come."

So he went into their synagogues,

preaching and driving out demons throughout the whole of Galilee.

The Word of the Lord...

❖ *At the conclusion of the reading, briefly pause for quiet reflection.*

Faith Sharing/Question of the Week (consider sharing on either question)

- ❖ **Adult:** Name a time this past week when you shared the Good News with a coworker, a neighbor, or a family member.
- ❖ **Mixed Ages:** What can you do to help your friends and know more about Jesus?

Time is provided for sharing responses to the question. Silence between responses is to be expected. Allow a few minutes for faith sharing. For larger groups, leader invites members to divide into groups of 3 or 4 for faith sharing.

- ❖ *When the sharing comes to an end, the leader invites everyone to take a moment to silently and reverently hold what has been shared together.*

Litany of Faith

Leader: Christ Jesus, you show us how to reach out and heal.
Help us to share in your gospel of new beginnings.
All: Who are you? Who are you that unclean spirits obey you?
Leader: Christ Jesus, you show us how to reach out and heal.
Help us to share in your path of compassion.
All: Who are you? Who are you that unclean spirits obey you?
Leader: Christ Jesus, you show us how to reach out and heal.
Help us to share in your Good News of mercy.
All: Who are you? Who are you that unclean spirits obey you?

The Lord's Prayer

Leader: Let us pray together:
All: Gracious God,
we know that you are with us here,
and we have taken your Word into our hearts.
You call us all to conversion,
we who are here in this place,
and we who are now ready to welcome you into our lives.
We are ready,
we are willing,
and we are yours.
So we surrender to you
our aches and longings into one as we pray:
Our Father...

Continue with the Meeting

Final Blessing

Leader: Now let us bless one another:
All: May God bless and keep us, may God smile upon us.
May God show us kindness, fill us with peace.
And may God bless us, Father, Son and Holy Spirit;
may we always love and serve,
filled with God's Peace. Amen.
Leader: *Conclude the meeting or sing a closing song.*

Reflection Question to take home for the week: How has this Word touched or challenged my understanding of God? About faith? About the Church?